

## HEALTH AND PHYSICAL EDUCATION

CLASSES	PROJECTS
IX	SWACHCHA VIDYALAYA SWACHCHA BHARAT
X	REDUCE, RECYCLE, REUSE (MOST IMPORTANT 3R'S AND NOW RESPECT)
XI	FIRST AID: AWARENESS AND DEMONSTRATION
XII	PREPARATION OF FAMILY BUDGET AND MAINTENANCE OF DAILY HOUSEHOLD ACCOUNTS

## MEDICAL CHECK-UP SCHEDULE

MONTH	CLASS	Eye/ General check-up
AUGUST	X & XII	Eye/ General check-up
SEPTEMBER	VII & VIII	Eye/ General check-up
OCTOBER	NURSERY & K.G	Eye/ General check-up
NOVEMBER	IX & XI	Eye/ General check-up
DECEMBER	I & II	Eye/ General check-up
JANUARY	III & IV	Eye/ General check-up
FEB	V & VI	Eye/ General check-up

## TOURS & TRIPS

MONTH	CLASSES
OCTOBER	VI - XII
NOVEMBER	NUR-V